

Matthew Goldenberg, Psy.D., LMHC
Licensed Psychologist: PY60416098
Licensed Mental Health Counselor: LH60395986
1701 4th Avenue East Suite 201 Olympia, WA 98506-9679
360.464.4517 (phone)
drmattgoldenberg@gmail.com
drmattgoldenberg.com

Education

9/08-8/13 Wright Institute Berkeley, CA

American Psychological Association accredited Doctorate of Clinical Psychology
June 2010: Masters of Arts Clinical Psychology

9/06-6/08 Seattle University Seattle, WA

Masters of Arts Existential-Phenomenological Psychology

9/00-6/03 Lesley University Cambridge, MA

Bachelors of Science Human Services, Concentration in Substance Abuse Treatment

9/99-6/00 Dean College Franklin, MA

Completed 41 credits of undergraduate level courses with concentration in Psychology

Clinical Experience

7/13- Current Private Practice, Olympia, WA

Clinical Psychologist

- Individual, family and relationship therapy for clients aged 13 and older
- Concentrations include mood disorders, general anxiety, social phobia, gender identity issues, sexuality, grief and loss, interpersonal conflicts, direct experience with expert testimony

1/14- 10/14 Neighborcare Health, Seattle, WA

Co-Occurring Counselor 45th Street Homeless Youth Clinic

- Provide drop-in counseling services for homeless youth
- Offer case management services and referrals
- Support crisis interventions within clinic milieu
- Provide consultation for multidisciplinary health care teams

9/12-8/13 University of Washington Counseling Center, Seattle, WA

Doctoral Psychology Intern, Emphasis Area of Training and Supervision, American Psychological Association Accredited

- Counsel undergraduate and graduate students at large, diverse, urban University utilizing brief individual and group modalities
- Coordinate practicum training program including case load management, case disposition,

facilitation of didactic seminar, and writing performance evaluations

- Participate in trainee search committees as well as training committee
- Supervise doctoral level clinical psychology trainees
- Create internship and practicum training schedule
- Complete intakes, offer case management, and provide weekly drop in services
- Provide psychological assessment, outreach programming, light therapy and biofeedback services
- Provide career counseling for individuals and groups using standardized testing and interpretation

8/11- 8/12 Downtown Emergency Service Center, Mobile Crisis Unit, Seattle, WA

Mental Health Professional

- Collaborated with first responders to perform timely outreach crisis intervention services
- Utilized assessment, referral, and linkage to appropriate services for jail/hospital diversion •
- Co-developed county-wide crisis solutions center and co-trained new staff

8/10-5/11 Holy Names University Counseling and Psychological Services, Oakland, CA

Counseling Psychology Practicum Trainee

- Provided brief counseling to undergraduate/graduate students at small, urban University
- Partnered with housing services to co-train resident advisors and hire new staff
- Offered weekly consultation group for resident advisors
- Developed outreach programming with both didactic and supportive presentations

9/10-2/11 Wright Institute Advanced Assessment Clinic, Berkeley, CA

Assessment Practicum Trainee

- Provided intellectual, academic, personality, and neuropsychological testing to adult clinical populations within wide diagnostic demographic
- Emphasized WAIS-IV and Rorschach Exner system
- Completed didactic and supervisory seminars
- Submitted all written psychological reports and batteries to referral sources and supervisors

9/09- 7/10 New Leaf: Services for Our Community, San Francisco, CA

Mental Health Practicum Trainee

- Provided individual/couples psychotherapy for gay, lesbian, bisexual, transgender or HIV positive adults
- Co-facilitated both harm-reduction and abstinence groups for substance abuse treatment
- Completed intakes, created treatment plans, and provided ongoing case management

9/08-6/09 Solano County Sheriff's Department, Fairfield, CA

Forensic Practicum Trainee

- Served dually-diagnosed and multi-axial acute clients through individual treatment within two coed, ethnically diverse jail settings
- Attended weekly didactic seminars and offer re-entry planning services

10/07- 6/08 Childhaven, Seattle, WA

Infant Mental Health/Play Therapy Practicum Trainee

- Provided individual play therapy for children suffering from abuse and neglect • Wrote intakes for new clients
- Shadowed infant mental health specialists
- Supported management of milieu in therapeutic day care center

Teaching Experience

6/16- Current ReLearn, LLC Olympia, WA

Co-founder, Co-owner (50%) of training and consultation limited liability corporation focused on training health care professionals and educators on transgender inclusive practices

1/14- 4/16 Clinical Consultant, Seattle, WA

- Design programs geared towards mental health clinicians to improve skills with disenfranchised populations
- Present to a wide variety of audiences
- Offer individual consultation for clinicians already in practice

3/14- 6/15 Bastyr University, Kenmore, WA

Adjunct Faculty/Clinical Supervisor

- Provide live supervision for multi-disciplinary practitioners at public clinic • Assess student progress on counseling skills
- Interact with patients and provide crisis management/treatment planning

9/14-12/14 Seattle Central Community College, Seattle, WA

Adjunct Faculty Professor

- Created curriculum for undergraduate course entitled General Psychology 100
- Delivered engaging, hands on learning activities for widely diverse student population • Maintained records of coursework, attendance, and student progress

10/13- 4/14 Gender Diversity, Seattle, WA

Support Services Training and Volunteer Coordinator

- Facilitate trainings for meeting leaders providing support to parents of gender-variant children, adolescents, and adults
- Create parent education materials
- Provide outreach to potential families needing services
- Build a training program for potential social service interns
- Manage current volunteers and interview and select new volunteers

8/10-6/11 Adult Psycho-diagnostic Assessment, Wright Institute, Berkeley, CA

Teaching Assistant

- Facilitated weekly lab for doctoral students to administration and interpretation of test data

- Addressed areas of concern in regards to required readings and consulted with Professor on progress of class
- Reviewed all student test data prior to submission, and provided feedback on written reports

9/09- 6/10 Writing Center, Wright Institute, Berkeley, CA

Writing Tutor/Program Developer

- Tutored peers to develop APA style writing style for academic papers • Collaborated with tutors and director on writing center outcomes
- Communicated with Dean and faculty on program development

9/09- 12/09 History of Empiricism in Psychology, Wright Institute, Berkeley, CA

Teaching Assistant

- Co-created syllabus for mandatory, online doctoral psychology course
- Managed weekly blogs and evaluated mid-term and final papers

1/07- 8/08 American Friends Service Committee Youth Empowerment Project, Seattle, WA

Facilitator

- Facilitated public workshops discussing untraditional families, coming out in school, gender identity

6/97- 6/04 Safe Schools Coalition, National Placement

Trainer/Speaker

- Developed gender awareness workshops with sub-topics such as identity development and postmodern feminism
- Trained new speakers on facilitation and public speaking skills

Supervisory Experience

3/14- 4/16 University of Washington, Seattle, WA

Adjunct Faculty/Clinical Supervisor

- Provide supervision to doctoral candidates in psychology department
- Review written treatment plans and progress notes
- Coach utility of evidence-based practices for diverse client populations

1/13- 8/13 University of Washington Counseling Center, Seattle, WA

Clinical Supervisor

- Provide bi-weekly supervision of doctoral level practicum trainees
- Create and deliver written performance evaluations
- Review all notes of practicum trainees
- Communicate concerns and progress of trainees to administrative staff

8/05-12/06 Free and Clear, Seattle, WA

Service Delivery Supervisor

- Supervised twelve behavioral coaches for a national, phone-based, tobacco cessation program • Completed routine quality and quantity checks of incoming and outgoing calls

6/04-8/05 Ryther Child Center, Seattle, WA

Residential Treatment Supervisor

- Behavioral counselor for children aged five to thirteen who struggle with severe behavioral and mental health difficulties
- Supervised fifteen residential counselors and responded to campus wide crises
- Facilitated weekly therapeutic support groups for clients and parents

6/99- 1/03 Fenway Community Health Center Peer Listening Line, Boston, MA

Trainer/Supervisor

- Provided anonymous, peer counseling and crisis intervention for sexual and gender minority youth on a free national helpline
- Trained new volunteers, maintained resources and assisted in administrative tasks

Leadership and Awards

6/13 The Wright Institute Commencement Student Speaker, Berkeley, CA

11/08-6/11 Institute Executive Committee, Wright Institute, Berkeley, CA

Cohort Representative

- Elected via student vote to represent cohort and advise the President regarding issues of difference and diversity in areas such as admissions, curriculum, academic culture, and faculty hiring

1/11 National Council of School and Programs of Professional Psychology

Mid-Winter Conference Representative, San Juan, Puerto Rico

- Chosen by faculty and administration to represent the Wright Institute at 2011 annual conference

1/09-1/11 Professional Conduct Task Force Member, Wright Institute, Berkeley, CA

Student Representative

- Created and implemented professional conduct codes at the Wright Institute
- Oriented graduate students on professional guidelines at entry-level training programs

10/08-1/11 Tell All Perspectives, Wright Institute, Berkeley, CA

Founding Board Member

- Planned, hosted, and promoted ongoing monthly lunch time lectures by community members addressing culture and intersections of psychology

11/09-6/10 Peer Mentorship Program, Wright Institute, Berkeley, CA

Peer Mentor

- Provided weekly support meetings for Psy.D. students
- Acted as role-model for doctoral level students and completed all didactics and supervision

9/08-6/10 Lavender Hand, Wright Institute, Berkeley, CA

Member

- Engaged with sexual/gender minority students to provide advocacy and discuss broad sociopolitical topics

2/09- 6/10 White Privilege Accountability Forum, Wright Institute, Berkeley, CA

Leader and Facilitator

- Facilitated student meetings to ally white students explicitly with students of color
- Created a supportive, non-judgmental setting to explore privileges and attitudes of racial difference

11/09- 4/10 Admissions Committee, Wright Institute, Berkeley, CA

Reader and Evaluator

- Reviewed incoming admissions packets and provided written evaluations for Psy.D. admission
- Volunteer Experience

11/07- 6/08 Providence Hospice, Seattle, WA

Volunteer Care Companion

- Provided weekly assistance, respite and companionship for limited prognosis patients
- Completed hospice didactics and communicated with treatment team members

1/06- 6/08 AIDS Alliance, Seattle, WA

Volunteer

- Participated in several fundraising events for HIV/AIDS awareness and research

Research Experience

- Goldenberg, M. (2011). *Femme Perspectives of Relational Body- Image: An Interpretative Phenomenological Analysis of Experiences in Couple-hood with Transgender Men* (Unpublished Doctoral Dissertation). Wright Institute, Berkeley, CA: Qualitative study using semi-structured interviews of ten femme-identified women to better understand the experiences of partnering with a transgender man and the impact on individual and relational body-image
- Goldenberg, M. (2010). *Attitudes and Implementation of Professional Conduct* (Unpublished study of pilot program). The Wright Institute, Berkeley, CA: Collected pre and post data for qualitative study on attitudes of professional conduct within doctoral student pool to build stronger training curriculum
- Goldenberg, M. (2008). *Desperate Times: How I Came to Find Hope in Hopeless Situations: A Critical Exploration of the Role of Hope in Psychotherapy* (Unpublished Master's Thesis).

Seattle University, Seattle, WA: Integrated literature review of ethical consideration on the role of hope in psychotherapy

- 11/07- 1/08 Research Assistant, Childhaven

Collected fifty professional sources for literature review in preparation for qualitative study exploring success rates of early intervention within foster care family systems

Presentations and Publications

Femme Perspectives of Relational Body- Image: An Interpretative Phenomenological Analysis of Experiences in Couple-hood with Transgender Men (2011): Paper Presented at 2013 Giving Voice to Experience, Annual Conference for Phenomenological Research, Seattle University, Seattle, Washington

Femme Perspectives of Relational Body- Image: An Interpretative Phenomenological Analysis of Experiences in Couple-hood with Transgender Men (2011): Poster Presentation at 2011 Multi-Cultural Symposium, Wright Institute, Berkeley, CA

A Dialogal Approach to the Study of Healing in Relation (2008): Paper presented at 2008 Giving Voice to Experience, Annual Conference for Phenomenological Research, Seattle University, Seattle, Washington

Professional Memberships

American Psychological Association, Division 44 (Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues)

Washington State Psychological Association

Washington Mental Health Counselors Association

World Professional Association for Transgender Health

Psychologists for Social Responsibility